Start up Symposium
Cardiovascular Prevention in Childhood

September 28th to 29th 2011

Venue: German Heart Centre Munich

Venue Map}

Speakers

Gerald Berenson
Clinical Professor of Medicine, Section of Cardiology
Clinical Professor of Pediatrics, Section of Pediatric Cardiology
Research Professor of Epidemiology
Director of the Center for Cardiovascular Health
Tulane University
New Orleans, USA

Eero Jokinen
Head of the Division of Pediatric Cardiology and Pediatrics
Helsinki University Children’s Hospital
Helsinki, Finland

James R. Morrow
Regents Professor, Department of Kinesiology, Health Promotion and Recreation
University of North Texas
Denton, USA

Deanna M. Hoelscher
John P. McGovern Professor in Health Promotion
Director of the Michael & Susan Dell Center for Healthy Living
University of Texas School of Public Health Austin Regional Campus
Austin, TX, USA

Vera Regitz-Zagrosek
Director, Institute for Gender in Medicine (GiM)
Center for Cardiovascular Research (CCR)
Charité, Universitätsmedizin Berlin
Berlin, Germany

Thomas Meinertz
Chairman German Heart Foundation (Deutsche Herzstiftung e.V.)
Center for Cardiology and Cardiovascular Surgery
Hamburg, Germany

Robert Dalla Pozza
Pediatric cardiologist, Department Pediatric Cardiology
Klinikum der Universität München (LMU)
Munich, Germany

Stefan Engelhardt
Professor, Director of the Institute of Pharmacology and Toxicology
Technische Universität München
Munich, Germany

Martin Halle
Director of the Department of Prevention, Rehabilitation und Sports Medicine
Internist, Cardiologist, Sports Medicine Specialist
Technische Universität München
Munich, Germany
Heart disease is the number one cause of death in western countries. The best way to beat it, is to prevent it. However, heart disease might already be present in children and adolescents with obesity, hypertension, diabetes, oncologic or renal disease and in small for gestational age babies. Therefore, cardiovascular prevention has to start in early childhood or even earlier in intrauterine life. Preventional programmes must fight against unhealthy life style, which has been identified as the most important risk factor of arteriosclerosis.

World heart day at September 29th 2011, is the ideal occasion to present and discuss the present knowledge of cardiovascular prevention in childhood and to propose collaborative scientific work on it. We are very pleased to welcome some famous international speakers to this first Munich meeting on preventive pediatric cardiology and heartly invite you to participate. Moreover, start up means the opening of our outpatient clinic of preventive pediatric cardiology. Based on the initiative of the Chair of Sport and Health Promotion at the Faculty of Sport and Health Science, Technische Universität München, it represents a joint venture together with the Clinic of Congenital Heart Disease and Pediatric Cardiology at the German Heart Centre Munich. We will provide an integrated, family-centered approach to caring for children and adolescents at risk for developing heart and blood vessel diseases. Come and join us!

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<td><strong>16:30-17:15 New insights in fitness of youth and its relation to cardiovascular health</strong></td>
<td><strong>17:15-18:00 CATCHing Children Early: The role of school-based health promotion on cardiovascular disease and obesity prevention</strong></td>
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<td><strong>18:00-19:00 Come together</strong></td>
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Registration for “Startup Symposium”
September 28th to 29th 2011

Name

Address

Postal code, city

Phone

Email

Participation:

☐ 28/9/2011
☐ 29/9/2011
☐ both

Please send back until August 22nd 2011!